



Sunday 9th November 2008
Hutton Moor Leisure Centre
Hutton Moor Road, Weston-super-Mare, Nr Bristol BS22 8LY

CLOSING DATE FOR ALL ENTRIES: 2nd November 2008

Late entries will be charged at £3 extra per category or refused if category is full.

Imperial Chief Instructor Simon O'Brien 5th Dan would like to invite you to enter the 5th South West Open Championships on Sunday 9th November at Hutton Moor Leisure Centre in Weston-Super-Mare (4 mins from M5 Junction 21) Nr Bristol

Please find enclosed:-

1. Information Sheet
2. Category List
3. Entry Form (to be returned with full entry fee payable to "Bristol Dojo Ltd" no later than 2nd November 2008.)

The Child Protection Officer will be Mr Adrian Williams - 5th Dan
The Event Co-ordinator on the day will be Mr Peter Jefferies - 4th Dan
The Event Organiser & Promoter is Simon O'Brien - 5th Dan
The Chief Referee will be Mr Vince Parker - 5th Dan. EKF "A" Referee

Please ensure that all competitors are entered and that they comply with the age, grade and weight criteria. Changes can not be accepted on the day or after the closing date and weight categories will be checked before each category starts.

All referees to be in attendance at 9.00 am. All Kata competitors to be available to start at 9.30 am prompt. Junior Kumite will commence at 11 am. Senior Kumite will start at 1pm. Doors open at 8.30 am.

I hope to continue to make this competition a land mark event for the area and look forward to seeing you on the day. If you require any further information please do not hesitate to contact me.

Thank you for your support.

Simon O'Brien

All Entries to:-

South West Open Championships
C/O. 14 Marjoram Way
Portishead
Nr Bristol
BS20 7JF
Tel 07808 822578



Information for all coaches & competitors

1. Coach Packs will be available from 8.30am at the reception desk in the main sports hall. Coach passes will be allocated on the following basis. Up to 9 competitors entered = 1 Pass, over 10 competitors = 2 Passes and over 20 competitors = 3 Passes. Only coaches wearing passes will have access to all areas and will be provided with refreshments throughout the day! (That's a change!)
2. The Chief Referee will hold a coaches meeting at 9.15 am to advise full the competition rules.
3. WKF rules will be applied on the day. There may be additional amendments at the discretion of the Chief Referee which will be announced at the Coaches meeting.
4. All competitors must hold a valid licence of their country's WKF recognised governing body.
5. The Boys and Girls under 10 year's Kumite categories will be under **very stringent rules of contact**. Any hard body contact or even light head contact will go directly to penalty points! Let's make these categories **FUN & SAFE!** There are several new categories to reflect younger competitors including our new non-contact "Kid Kick" system where both competitors on the area face our "Kid Kick" special floor mounted kick bags and are judged on techniques applied with the same criteria as in normal Kumite but totally safe. Control will be expected and judged.
6. **KATA** - Any known style Kata may be performed and in the team event there will be no Bunkai. All 4th Kyu and below, Open grade & Veteran - minimum of 2 different Kata performed alternately. All 3rd Kyu and above - a different Kata must be performed in each round. Team Kata – Kyu grade teams may perform the same Kata in each round. Dan grade teams must perform a different Kata in each round. Team Kata category is split into Dan and Kyu grade any age. NOTE: If one team member is a Dan grade then the team is classed as Dan grade. For all 4th Kyu and below no Dan grade Kata may be performed.
7. To ensure fairness all competitors may only enter their correct age and grade category.
8. Coaches are required to ensure that their competitors are licensed and fully comply with the categories entered. Coaches must be suitably attired i.e. Tracksuit e.t.c. NO JEANS!
9. Please be aware that some of the Children's Individual and Team events are by **age only**. Please ensure suitability and ability of your competitors.
10. The organiser reserves the right to merge, split or cancel any category.
11. All categories will go through to the finals on the same area. All trophies, medals & prizes will be awarded on the centre podium as the category finishes. Junior Kumite is 1.5 minutes and Senior 2 minutes with no repechage due to time constraints.
12. Note that there are two "Pairs" events. Parent and Child in which a parent and their child perform a Kata together and are judged as per team Kata and an "open" pairs for non-related competitors. All pairs Kata competitors must face the same front direction. (No "mirroring")

SPECTATORS ADULTS £5, CHILDREN and OAP's £3. Family Entry (2 Adults + 2 Children) £12

COMPETITORS (Per Event) Individuals £10.00, Kata Pairs £12, Teams £18.00

South West Open 2008 - Category List

CATEGORY	TEAM KATA
1	TEAM DAN GRADE ALL AGES (3 INDIVIDUALS)
2	TEAM KYU GRADE ALL AGES (3 INDIVIDUALS)
3	"OPEN" PAIRS (ANY GRADE + AGE)
4	PARENT & CHILD PAIRS (1 SENIOR + 1 JUNIOR SAME FAMILY)
	INDIVIDUAL KATA
5	GIRLS 4 th KYU AND BELOW UNDER 10 YEARS
6	BOYS 4 th KYU AND BELOW UNDER 10 YEARS
7	BOYS & GIRLS 3 rd KYU AND ABOVE UNDER 10 YEARS
8	GIRLS 4 th KYU AND BELOW 10-15 YEARS
9	BOYS 4 th KYU AND BELOW 10-15 YEARS
10	GIRLS 3 rd KYU AND ABOVE 10-15 YEARS
11	BOYS 3 rd KYU AND ABOVE 10-15 YEARS
12	SENIOR MALE & FEMALE 4 th KYU AND BELOW
13	MALE & FEMALE VETERAN +35 YEARS
14	SENIOR FEMALE 3 rd KYU AND ABOVE
15	SENIOR MALE 3 rd KYU AND ABOVE
16	SPECIAL NEEDS
	TEAM KUMITE
17	GIRLS UNDER 10 YEARS
18	BOYS UNDER 10 YEARS
19	GIRLS 10-12 YEARS
20	BOYS 10-12 YEARS
21	GIRLS 13-15 YEARS
22	BOYS 13-15 YEARS
23	SENIOR FEMALE TEAM
24	SENIOR MALE TEAM
	INDIVIDUAL KUMITE
25	BOYS & GIRLS NON-CONTACT "KID KICK SYSTEM" 4-6 YEARS
26	BOYS & GIRLS NON-CONTACT "KID KICK SYSTEM" 7-9 YEARS
27	GIRLS 7-9 YEARS
28	BOYS 7-9 YEARS
29	GIRLS 10-11 YEARS
30	BOYS 10-11 YEARS BELOW 35KG
31	BOYS 10-11 YEARS ABOVE 35KG
32	GIRLS 12-13 YEARS
33	BOYS 12-13 YEARS BELOW 45KG
34	BOYS 12-13 YEARS ABOVE 45KG
35	GIRLS 14-15 YEARS
36	BOYS 14-15 YEARS BELOW 55KG
37	BOYS 14-15 YEARS ABOVE 55KG
38	CADET FEMALE 16-20 YEARS
39	CADET MALE 16-20 YEARS
40	SENIOR FEMALE -60KG
41	SENIOR FEMALE +60KG
42	SENIOR MALE 4 th KYU AND BELOW
43	SENIOR MALE - 75KG
44	SENIOR MALE +75KG



Official Entry Form

Club Name:		Association:
Contact Name:	Tel:	Email:
Full Address		
Post Code:		

I confirm that all the competitors entered on this sheet have received my advice of and accept the following statement:

"The competitor realises and discharges the organisers and their representatives or agents and all other competitors from all claims that the competitor or his personal representative may have for any injury (however caused) sustained by the competitor and for the loss or damage (however caused) to his personal belongings suffered at any time during the course of the Championships or while on the premises at which the Championships are being held". I accept that the Chief Referee's decision is final.

SIGNEDPRINT NAME.....

Individual Entries Only

	Full Name	Sex M/F	AGE	GRADE	CATEGORY'S	FEE £
E.G	<i>Joe Smith</i>	<i>M</i>	<i>13</i>	<i>3 Kyu</i>	<i>9 + 28</i>	<i>£20</i>
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
					Total Amount	

Please photocopy additional sheets if required



Official Entry Form

Team Entries Only

	TEAM NAME	CATEGORY	FEE £
E.G	<i>J S Karate "A"</i>	<i>19</i>	<i>£18</i>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
		Total Amount	£

COMPETITORS (Per Event) Individuals £10.00, Kata Pairs £12, Teams £18.00

Total Individual Categories Entered		£
Total Team Categories Entered (inc Pairs)		£
Total Amount Due		£

I have enclosed a Cheque/Postal Order for £.....made payable to Imperial Karate Club.

Send to - South West Open Championships, C/O 14 Marjoram Way, Portishead, Nr Bristol. BS20 7JF

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